

# In honor of military families

"It is my pleasure to designate the week of Nov. 21-28 as 'Military Families Appreciation Week' in the Department of Defense.

At this time of year we stop to appreciate those things that enhance and enrich our lives. High on that list are the contributions of spouses, children, parents, and other active and reserve component family members. We take great pride in the valuable contributions that families make to the well being and readiness of our armed forces.

It takes dedicated and capable people to manage the unique demands of military life. In recent years, we have seen our families face increased demands from more frequent deployments and longer family separations. In

response, we are stepping up efforts to ensure our support networks and programs equip service members and families to meet these challenges. I call on commanders to support our programs and to encourage service members and their families to use them.

As we celebrate Military Families Appreciation Week, I offer my personal thanks to each member of the military family. I hope all commanders will plan special events during Thanksgiving week to honor the many contributions of our families. Please join me in saluting these very special people.

/s/ William S. Cohen Secretary of Defense

## Cures and tips for a lifetime

- ☐ When you get a splinter, reach for the scotch tape before resorting to tweezers or a needle. Simply put the scotch tape over the splinter, then pull it off. Scotch tape removes most splinters painlessly and easily.
- ☐ Clean a toilet. Drop in two Alka-Seltzer tables, wait twenty minutes, brush, and flush. The citric acid and effervescent action cleans vitreous china.
- ☐ Clean a vase. To remove a stain from the bottom of a glass vase or cruet, fill with water and drop in two Alka-Seltzer tablets.
- ☐ Polish jewelry. Drop in two Alka-

Seltzer tablets into a glass of water and immerse in jewelry for two minutes.

- ☐ Clean a thermos bottle. Fill the bottle with water, drop in four Alka-Seltzer tablets, and let soak for an hour of longer, if necessary.
- ☐ Unclog a drain. Clear the sink drain by dropping three Alka-Seltzer tablets down the drain followed by a cup of Heinz White Vinegar. Wait a few minutes, then run the hot water.
- ☐ If your VCR has a year setting on it, which most do, you will not be able to use the programmed recording feature after Dec. 31. Don't

throw it away. Instead set it for the year 1972, as the days are the same as the year 2000. The manufacturers won't tell you. They want you to buy a new Y2K VCR.

- ☐ To keep potatoes from bubbling, place an apple in the bag with the potatoes.
- ☐ Stuff a miniature marshmallow in the bottom of a sugar cone to prevent ice cream drips.
- ☐ To get the most juice out of fresh lemons, bring them to room temperature and roll them under your palm against the kitchen counter and squeeze.

#### Our Cover



Sergeant Joseph Felosi, accident investigator, national ensign, Cpl. Isaac Ruiz, travel claims clerk, organizational colors, and LCpl. Juan Torres, truck master, right rifleman, present the colors at the NCO ball Nov. 11. (photo by LCpl. Kurt Fredrickson)

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#### **News Briefs**

#### **Prank Phone Calls**

Station residents are reminded that phone calls to 911 or 119 are for emergencies only. Recently, there has been a rash of prank calls to these numbers. Because officials must respond to each emergency phone call, a prank caller may unintentionally draw much needed attention away from a real emergency. Making a prank call to these numbers is a crime, and, if caught, the person making those calls will face prosecution.

#### **Station Library**

The Station Library is closed in preparation for its move to the new Community Services Building 411. All PCSing personnel may stop by the old library located on the 1st floor of Bldg. 210 between 8 a.m.-5 p.m. Monday-Friday with unit checkout sheets and to turnin books.

#### **Patriot Express**

Air Force policy restricts use of all tobacco products to include smokeless tobacco on contract airlift missions commonly known as the "Patriot Express." Passengers are asked to abide by this policy while aboard commercial chartered aircraft.

#### Closure

Marine Corps Property will be closed from today though Dec. 13 to conduct a required wall to wall inventory. Patrons are asked to postpone all business until after the completion of the inventory. Emergency requests will be handled on a case-by-case basis. For more information call 253-4397.



photo by Cpl. Michael Wiener

Colonel Richard Dunn, station commanding officer and GySgt. Robert Beyer, AFN detachment chief, present the Thomas Jefferson Award to AFN personnel.

# AFN rated best newscast in Department of Defense

by Cpl. Michael Wiener **Torii Teller Staff** 

Armed Forces Network Iwakuni recently received the Thomas Jefferson Award for best local newscast in the Department of Defense.

Staff Sergeant Lawrence Torres III, Sgt. Nicki Ables and Cpl. Matthew Kell accepted the TJ from Station Commander Col. Richard Dunn during an in-house formation for their production of "Inside Iwakuni."

"I'm proud to see a Marine Corps broadcast station beat out the rest of the competition. I never dreamed it would get to this level," Ables said. "With three reporters pulling long hours, it's overwhelming, but exciting to know we did it."

Open to all military journalists, the Thomas Jefferson Award is given to the best entry in categories ranging from best newscast to feature print story to military journalist of the year.

"I'm happy and excited. But I almost feel a sense of guilt for winning an award that should be given to someone with more experience," Torres said. "We might have had a combination of nine months experience between us."

"It's just another example of how Iwakuni is a pace above the rest of the Corps," Kell said. The winning newscast was not special nor thought to be, according to Torres. In fact, winning a TJ was the last thing on their minds while shooting.

"We started out that day with a prayer like we did with every day -'Dear God, help us because we don't know how things are going to go today," Torres said. "We were just trying to survive and get the newscast out for that night."



### Y2K rumors. fact or fiction

submitted by

the Department of Defense

**Editor's Note:** The following is part one of a twopart series on Y2K rumors. Part two will be published in the Nov. 26 edition of the Torii Teller.

**RUMOR:** The president of the United States plans to declare a national state of "martial law" for Year 2000 transition.

**FALSE.** The President has no intention of declaring martial law for the Year 2000 transition. Under so-called "martial law," ordinary law and judicial processes are temporary replaced by military rule, which is usually accompanied by curfews and other restrictions on individual rights (e.g., freedom of speech, freedom of assembly). No president has ever declared a condition of martial law that applied to the entire country. In fact, not since President Lincoln placed several areas of the country under martial law during the Civil War has any president directly proclaimed martial law on behalf of the federal government.

Presidents have often issued emergency or disaster declarations for weather-related disasters and civil unrest which have sometimes been accompanied by individual state National Guard units being called into federal service along with federal troops to provide support or restore order in communities. It is not

expected that the Y2K transition will create a need for such action, but the federal government will be prepared to take such action if circumstances warrant.

**RUMOR:** Increased solar activity at the end of 1999 could cause satellite systems to malfunction on or around Jan. 1, 2000.

**TRUE.** Experts say that the next peak in solar flares or storms on the sun's surface, which can interfere with normal satellite operations, will occur in late 1999 and early 2000; the last peak occurred in March 1989. It is believed that increased solar activity in May 1998 adversely affected operations of the Galaxy 4 satellite over the United States, creating a few days of difficulties for pager operators and broadcasting companies.

**RUMOR:** Nuclear missiles and other weapons that are not Y2K compliant on Jan. 1, 2000, will, in fact, launch.

**FALSE.** There is no risk of accidental launch. Procedures for launching our nation's nuclear weapons involve multiple levels of code verifications and human interaction to verify an order from the president. Computers by themselves cannot launch nuclear weapons.

The Defense Department, however, is investigating every plausible implication the Year 2000 may have on the computer systems involved with the nation's weapons systems and successful solutions have been, or are being, devised. The department has seen no indication that a Y2K problem will cause these systems to behave erratically. Tests have shown that the control systems for nuclear missiles and other weapons, if not Y2K compliant, default to a shutdown status.

It appears the biggest risk is that the system simply won't work, which could cause a loss of automated communication. Continuity of operations plans (i.e., workarounds) exist, or are being developed, for all mission-critical systems to define how to complete the mission without such automated systems.



photo by LCpl. Kurt Fredrickson

#### **Birthday Run**

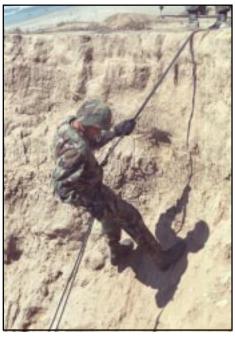
Members of VMFA-212, (left to right) GySgt. Edward Cunningham, air frames division chief, SSgt. Mark Thornton, day crew flight equipment supervisor, SSgt. Grady Milton, aviation life support systems technician, GySgt. Ernesto Alvarado, quality assurance division chief, and GySgt. John Jones, quality assurance representitive, do their part of the unit's 224-mile birthday run around the air station Nov. 9.

# Marines learn ropes of climbing

by LCpl. Travis A. Gannon MCB Camp Pendleton

MARINE CORPS BASE CAMP PENDLETON, Calif. — From a distance, it looked as though an army of insects was conquering the cliffs of Victor Training Area just south of Red Beach Oct 19.

But upon a closer examination, a company from 3rd Battalion, 1st Marine Regiment, was leading the attack.



LCpl. Travis A. Gannon

Marines learned that a belay man can prevent a Marine from falling. When the belay man pulls on the rope, it removes excess slack and stops the rappeller's descent.

Fourteen Marines from "I" Company were preparing to graduate from Special Operations Training Group's Assault Climber's Course, and the company came out to get some training with its new climbers. Although SOTG was there to supervise and advise during training, the new climbers were "running the show," according to Cpl. Jason Shaw, "I" Co.'s chief assault climber.

The day started at 8 a.m., when the platoons gathered on the beach. After the entire company arrived, they awaited approval from Long Rifle, the range control office, to begin training.

Then the Marines gathered together for safety briefs. "Some of you may have done this stuff before. But if the climbers tell you to do something a different way than you were taught, do it," Shaw said. "We've been doing this stuff for four weeks straight and we know what we're doing."

"Rope!" was yelled and the ropes were thrown down. The platoons were split up and given instruction on how to tie a Swiss seat and on each of three techniques — two climbing and one rappel — they were going to practice.

The climbers explained to their company comrades how to scale the cliffs using simple fixed ropes and cable bridges. The Marines descended without instruction using rappelling techniques.

Once instruction was given, they were ready to put it to use. The

climbers directed the platoons to various climbing lanes, and they began to attack the cliffs.

After each Marine finished, he received chow and prepared for the next attack.

The climbers finally got their chance to take a break and eat chow after all the Marines finished.
Following chow, the Marines gathered again to learn about medical evacuations and the use of "evac" equipment.

But the real show came when two climbers escorted Capt. Chris Gideon, the company commander, down the cliff on a climber's version of a stretcher.

Marines in the company were enthusiastic about the chance to work the cliffs. "It's cool," said Pfc. Stacy Young, weapons platoon. "We should do more of this stuff."

Climbers graduated the next day after spending four weeks with SOTG — two weeks here and two at Mountain Warfare Training Center Bridgeport.

"Basically, what we learned is how to move a company or battalion over a cliff or vertical obstacle or across a ravine with bridging techniques," Shaw said. "The best part was the actual climbing in Bridgeport. At Bridgeport, we did a lot of lead climbing. Civilians climb for years before they lead climb. We did it after just a couple of days."

The lead they took in showing "I" Co. the ropes was even more impressive.

News

#### Clinic screens for early cancer detection

compiled by by Torii Teller Staff

Cancer is a frightening reality, which is best dealt with through early detection.

At Iwakuni, there is a special "dysplasia clinic," which provides pap tests for early detection of cervical cancer and follow-up care for women. Dysplasia means changes to the tissue in and around the cervix.

Lieutenant Junior Grade Gino Narte, division officer of Family Practice Clinic, which is a part of the Women's Health Clinic at the Branch Medical Clinic here. Narte and his team of corpsmen schedule patients for pap tests, explain test results (or arrange for the doctor to discuss test results), schedule follow-up appointments and call patients at home to remind them of appointments. "We take care of every single patient," says Narte.

Narte explains that when a pap test result comes back abnormal, it is repeated. Then, depending on the type of abnormality, the patient may have a repeat pap test and a clinical examination.

"We follow up with our patients for two years minimum," stresses Narte. "In addition, we do one last examination before they PCS."

The Iwakuni team also puts together a secondary medical record for every dysplasia patient and sends it to the patient's next duty station to ensure continued follow-up care.

"The earlier you catch cancer, the earlier you can deal with it," says Narte. "We should have this everywhere. I really recommend it."

# MUSS-171 makes smooth move into new home

OMNIA PARAZ

by LCpl. Jessica Simonson
Torii Teller Staff

Months of planning and anticipation came to an end when MWSS-171 packed their boxes and loaded their vehicles bound for the squadron's new building located near the Main Gym.

As those involved figured out, moving an entire squadron is not an easy task.

"We were actually supposed to move in September," said SSgt. Odell Benton, MWSS-171 logistics chief. "The water wasn't turned on until October 15."

The move was eventually rescheduled for the second half of October, despite many of the Marines and Sailors being deployed.

Once it was decided when they would move, coordinators needed to determine how they would make the transition.

"Each section was responsible for moving themselves," said Benton.

Once the sections were in place at the new building, it didn't take long to get up and running.

"The S-1(administration) shop moved for an entire afternoon," he said. "While they were moving, they were setting up the new computers and phone lines ... Comm (communications) worked real hard in getting them established, so we didn't lose many hours as far as operations go."

Benton said the shops returned to their regular tasks

the day after the move.

The office spaces were easily picked up and transferred as the majority of the furniture is new. The old gear and furniture was sent to Defense Reutilization Marketing Office.

Motor Transportation, however, presented challenges.

"We had to figure out where we were going to park all those vehicles," said Benton.

Two weeks
after the move
began, the squadron settled in, and
the coordinators
agreed it couldn't
have gone better.
"I really think it
was well planned,"

said Benton. "We didn't have to worry about time constraints and the move was completed with no injuries."

The planners aren't the only ones credited for the smooth move.

"The entire squadron did an excellent job," said 2nd Lt.
Tashanna Garcia, logistics officerin-charge. "Thanks a million for the hard work, time and dedication. My job was to oversee the move, but it was the lance corporals and corporals taking charge who made it happen."

Now that the move is complete, squadron members are glad to be in the new building, which houses the different shops in the squadron, as well as training space and conference rooms, under the same roof.

"It is way better than the last building," said Pfc. Luke Spencer, training clerk. "You can find offices more easily."

"I like it a lot better," said LCpl. Chris Moore, commanding officer's driver. "Our office space is bigger and more comfortable."

# asks in MOPP 4

photo by LCpl. Kurt Fredrickson

Lance Corporal Glenn D. Marwin, MAG-12 PCS clerk, talks on the phone during MAG-12's annual Nuclear, Biological and Chemical training Oct. 27.

by LCpl. Kurt Fredrickson Torii Teller Staff

With plumes of yellow smoke came the cry "gas, gas, gas," causing Marines to don and clear gas masks within the MAG-12 supply office Oct. 27. The exercise was part of their annual Nuclear, Biological and Chemical training.

The exercise intended to show Marines they still have to accomplish their mission the best they can in Mission-Oriented Protective Posture gear even though it reduced their effectiveness. "There's nothing big happening, it's going to be a normal work day, but you have to do it in MOPP gear," said CWO-3 Curt Rogers, MAG-12 NBC defense officer.

Things will not run like a normal day once Marines reach MOPP level four when protective over garment, boots, mask and gloves are worn.

"The five senses are pretty much knocked out," said Cpl. Byron Yoshida, NBC administration noncommissioned officer-incharge.

Tasks get progressively harder as MOPP levels increase and more protective equipment is added. Simple things like staying hydrated, keeping cool and making trips to the rest room become difficult, according to Yoshida.

Marines wore protective gear the entire working day, but were in MOPP level four for only one hour.

Administrative jobs and mechanical jobs can become very difficult once the sense of touch is removed, said Yoshida.

"Its pretty hot in this stuff," said Pfc. Adam Carder, MAG-12 fiscal clerk. "Its definitely hard to use a keyboard with these gloves on."

Most descriptions of the gear were the same.

"It's hot, it's uncomfortable and you can't work in it, plus the CS gas in my gas mask is really burning," said LCpl. Jason Trimble, MAG-12 mechanized allowance-listing clerk.

Despite the discomfort being in MOPP gear causes, training like this prepares Marines for working in a contaminated envi-

"Something like this isn't just going to happen in the field, and even if it happens in the field you're going to have your Administrative Section and Communication Sections. Everybody will have to continue with their everyday operations," said Rogers. "Practicing in MOPP gear they fine tune their standard operating procedure and therefore they can accomplish their mission in an NBC environment.

The simulation of a NBC attack caused Marines to rely on each other and on small unit leadership while wearing MOPP gear, according to Yoshida. They helped each other to put on the life saving gear and deal with the problems it caused. Everyone must watch out for someone else to ensure they do not become fatigued or dehydrated. This exercise helped Marines realize that they can still function while in MOPP level four.

"It's hot now, but it could be worse. If it were hotter I'd do what all Marines do-just suck it up and get the mission accomplished," said LCpl. Glenn D. Marwin, MAG-12 permanent change of station clerk.

#### Marine by day; carpenter by night

Surveying chief turns blocks of wood into works of art

by LCpl. Jessica Simonson Torii Teller Staff

"Knock on wood – I haven't lost a finger yet," joked SSgt.
Johnnie Faniel,
MWSS-171 drafting and surveying chief, about the dangers of his hobby, woodworking.

The 29-year-old has spent the major-

ity of his free time since enlisting in the Marine Corps, more than 11 years ago, in garages or wood hobby shops after crossing paths with a persuasive friend.

"I was at my first duty station in Albany, Georgia," said Faniel. "There was a civilian there, a retired Army first sergeant. I will never forget him. One Friday he asked if I was doing anything. He invited me to do some things in his garage. It turned out the garage was a wood shop."

It didn't take Faniel long to get hooked on that new experience.

"After that Saturday, within a month, I was serious – out buying tools and subscribing to magazines," he said.

Without formal instruction, Faniel learned his trade by subscribing to magazines, reading books and watching television shows.

Though he is naturally talented, his education hasn't been mistake-free.

"There was this time I was trying to bend wood that had been glued together," Faniel said. "You have to soak the wood in water to bend. The piece came apart. I said to a friend, 'I thought that was the way to do it." Someone said, 'it is, but you have to use waterproof glue." Years of trial and error have paid off.

"Anything that has to do with wood, I can do," he said.
"I am capable of building something as simple as a



photo by LCpl. Jessica Simonson

Staff Sergeant Johnnie Faniel, MWSS-171 drafting and surveying chief, assists a customer during his shift at the Wood Hobby Shop Nov. 1. Faniel has been an avid woodworker for close to 11 years.

plaque to a complete set of kitchen cabinets."

"He does real good work," said SSgt. Carmen Davenport, MWSS-171 maintenance management chief, for whom Faniel built a television stand. "We both worked together to figure out what I needed. It came out real nice. If you were to look at it, you would think I bought it. It is detailed and everything is in place; it looks very professional."

Faniel passes his skills and knowledge to anyone interested. He works at the Wood Hobby Shop here almost every night of the week.

"I enjoy seeing someone come in without any expectations," Faniel said. "When the project is done, it looks like something off a showroom floor."

"If people want to come down and be taught," said Faniel, "all they do is pay for supplies."

Faniel plans on continuing designing different types of structures, buildings, roads and runways until he retires. Then, he hopes to start a custom cabinet business and work as a home inspector.

Until that time, he will just continue doing what he loves.

"The reason I like it(woodworking) so much," said Faniel, "is it allows me to be creative – it's like art. I like taking boards that don't make a statement and turning them into something that says, 'Hey, check it out!"

#### Iwakuni service members lend hand in Korea

by Cpl. Ryan Bradburn Torii Teller Staff

Marines and Sailors from the air station headed to Korea Oct. 23 through Nov. 9 to take part in Exercise Foal Eagle.

F/A-18C Hornets from VMFA-212 and VMFA-232 flew missions as Marines from those units and MWSS-171 supported them. It was a multi-faceted mission.

"We were here to provide 212 and 232 with a chow hall, laundry facilities and shower facilities," said SSgt.

Silvestre Ramirez, Jr., utilities platoon noncommissioned officer-in-charge.

As Marines from the VMFA units refueled aircraft and kept them maintained, 94 members of MWSS-171 worked along side them. Behind the scenes, MWSS-171 Marines and Sailors worked to supply power, fresh water, food and a place to sleep.

As aircraft touched down, Marines were there to get them refueled and back into the air.

see **KOREA** next page

# Kerosene heater rules to live by

compiled by Torii Teller Staff

With winter quickly approaching, many Iwakuni residents who reside off station are cautioned that the mismanagement of kerosene heaters can kill. As a heater burns it uses oxygen, and if the area isn't properly ventilated the oxygen levels are reduced greatly. With little oxygen to burn, incomplete combustion of fuel occurs and carbon monoxide is produced.

According to Navy Lt. Geoffrey Betsinger, industrial hygiene officer at the Branch Medical Clinic, "Carbon monoxide is absorbed into the bloodstream easier than oxygen, and since the body can't use it, the person dies of asphyxiation."

Some of the first signs a person is being poisoned are flu-like symptoms; nausea, vomiting, drowsiness and confusion. These heaters also produce nitrogen dioxide, carbon dioxide and sulfur dioxide, which cause headaches and irritates the eyes.

If a person is experiencing any of these signs, receiving fresh air will almost immediately cause the symptoms to go away, according to Betsinger. One way people can combat these deadly, odorless and colorless fumes is to get a carbon monoxide detector, according to Philip Avery, Fire Chief of Fire and Emergency Services.

"The newer kerosene heaters come with carbon monoxide detectors. When high concentrations are detected, the heater shuts itself down and sounds an alarm," Avery said.

Other safety procedures people should follow are to always refill their heaters outside, keep the extra kerosene outside the home and always use kerosene. Do not use substitutes because they can clog jets and cause the heater to burn ineffectively.

When it comes to placing a heater in the home, one must also take into consideration the space they have available, according to Takuya Fukii, structural operations chief.

"The heater should have three feet of clearance all the way around, and the home needs a fire extinguisher," he said.

Space heaters are not permitted in base housing however.

Both Fukii and Avery suggest if someone buys a kerosene-heating unit, they don't buy a used one, because it may not work properly. They also recommend that the



heating system be checked weekly throughout the winter.

If there are personnel in a workspace here who want to use a kerosene heater, they must call facilities first.

"Facilities checks the space, and if no heating device is there, we contact the maintenance division who will install the heater," said Minoru Horino, Utilities operations chief. "Before the heater is used the fire department will inspect it."

Once the inspection is complete and the fire department says it's safe, Utilities will provide the kerosene, said Horino.

All kerosene-heating units on the air station are checked by the fire department monthly to make sure they are working properly.

Following these simple rules as well as the manufacturer's manual can keep kerosene heater users safe from possible dangers.

# Native American Indians recognized in November

#### by LCpl. Jessica Simonson Torii Teller Staff

The month of November has been designated as Native American Indian Heritage Month.

Like other months, such as Black History Month in February, this is an opportunity to learn about another culture. It is also a period to recognize the accomplishments of the first American citizens.

Since the War of 1812 to present day, thousands of Native Americans have joined the ranks of the U.S. Armed Forces, including three Navy Medal of Honor awardees.

According to the
Native Americans in
the U.S. Military
website,

www.history.navy.mil, there are approximately 190,000 Native American military veterans today. The website also states that Native Americans have the highest record of service per capita when compared to other ethnic groups.

This may be attributed to their warrior tradition, honor and wisdom. These fierce people have proved themselves in battle, time and again, according to the website.

To pay tribute and learn about these people, the air station is scheduled to hold a Pow Wow Nov. 20 at Penny Lake, field one.

After the sun goes down, the event kicks off, with the lighting of a fire. Dinner, story-telling provided by the M.C. Perry Drama Club, dancing by the Boy Scouts, and a Taiko drum troupe performance are all sched-

uled, according to event coordinator Navy Lt. Louis
Franklin.



The menu includes breast of chicken with apple en croute, candied sweet potatoes, green beans with almonds and chili bread and pan de casa.

According to event coordinators, the Pow Wow should prove to be a chance to learn about Native Americans and enjoy good food and entertainment.

#### Feature

#### **KOREA** from Page 9

"We're using the hotpits to refuel aircraft from Iwakuni," said Sgt. Richard Cordes, fuel accounting and line NCO. "This allows pilots to come in to get refueled without shutting down."

To keep up the strength that kept the aircraft flying, service members needed a place to eat. The "Last Supper" chow hall did its part to keep them happy with a full stomach.

"We serve tray rations at breakfast and dinner," said Sgt. Robert Markee, messhall manager, "and give out MRE's at lunch, with fruits and vegetables available during the day."

"We have six people in the messhall," said LCpl. Sonia Casquet, cook. "Still, we always get a lot of compliments."

Participants in the exercise also needed to keep clean. In the field, such a task can be tough, but hygiene equipment operators kept fresh water available.

"You've got to be able to do your job without worrying about getting sick," said Cpl. Diah Laudat, basic hygiene

operator. "We clean, maintain and operate the equipment and set hours for people to come and use the showers and do laundry."

Another important factor in helping service members endure the cold was power. Marines operated generators to keep lights on and heaters running in the tent city.

Before the group could even begin the exercise and after they were done, combat engineers were on hand to build up and take down the tents.

Though their part in the exercise was over, Marines of MWSS-171 weren't done with Korea. Combat engineers from the unit used the wood from the tent floors to make furniture for a local orphanage.

Service members from the unit spent a day repairing the orphanage, as well as playing with the children and treating them to Halloween candy.

"It's good that the wood was given to people who actually need it," said 2nd Lt. Jennifer Esch, engineer officer and detachment officer-in-charge during Exercise Foal Eagle. "It completes a successful mission."

#### photos by Cpl. Michael Wiener

#### ABOVE: Misfits' captain Shawn Stratka looks to pound the ball on Crash Crew's side of the net. RIGHT: Mike Mengel, Crash Crew captain, goes up for a spike against Misfits' Nina Johns, an M.C. Perry High School senior. Crash Crew won the three-game set.

# photos by Cpr. Michael Weiter

#### Crash Crew burns Misfits

by Cpl. Michael Wiener Torii Teller Staff

The Misfits had everything together Monday night for their intramural volleyball match against Crash Crew.

After a disappointing first game, the Misfits came back to take the next two and the match behind strong blocking from Jennifer Ramirez and Theresa Hodge, an M.C. Perry senior, and Shawn Stratka and Eric Turner's heavy hitting.

"It was really a team effort," Stratka said.

"It's not individual – everyone had to work together."

The Misfits dropped the first game 15-7, but turned around in the next game to score seven unanswered points.

"In the first game, we were asleep on our heels after the long weekend," said Stratka. "I re-motivated them, reminded them of how we can play, and we woke up."

The second game went to the Misfits. Falling behind 6-2, Crash Crew captain Mike Mengel called time to try to pull his Crew together. The Misfits, however, pounded Crash Crew 15-4.

The third and deciding game looked as if it would be another blowout when the Misfits jumped out to a 7-2 lead. Crash Crew wasn't about to go quietly and dug themselves out of the hole. With Takao Yoshimoto's hot hand and blistering spikes, the Crew tied up the game and kept it close down the stretch.

But with the score 13-12 in Misfits favor, Nina Johns came in to serve the door shut on Crash Crew, ending the final game 15-12.

"The win's just like a snowball effect," Stratka said in regard to their upcoming game. "We just keep winning, and winning and winning."

In the second game of the night, the 670 Brawlers didn't have enough players show up, so the Nite Hawks won by forfeit.

#### Safety important part of bicycling

#### by Cpl. Ryan Bradburn Torii Teller Staff

Though service members are expected to be in harm's way when dropping into a hot zone, the air station works to keep them safe while aboard the installation.

For that reason, there are certain regulations in place for residents who enjoy bicycling.

According to MCASO P5560.8, anyone operating a bicycle aboard the station — and service and family members off-station — must obey all traffic laws and wear an American National Standards Institute or Snell Memorial Foundation approved safety helmet.

An approval rating can generally be found marked on the inside of a helmet as ANSI or SNELL. There are added regulations for night riding, including a white light affixed to the front of the bicycle and a red reflector in the back.

"Light reflectors on the pedals and on the wheels are recommended," said SSgt. Mark Franklin, accident investigation chief. "It is also recommended that the person wear a reflective vest at night."

Though the station order sets some good standards, there's more to safe riding, according to Franklin.

"You should make sure you

lubricate moving parts properly, check your brakes, tire pressure, tighten nuts and bolts," he said. "If you are not mechanically inclined, the bicycle shop at Crossroads can help you maintain your bicycle."

With each guideline the command keeps the rider in mind, hoping they enjoy their ride while remaining safe.

"The intent behind these measures is to make sure cyclists are safe on the roadway," said Franklin. "We want personnel to enjoy bicycling, but we want to be prevent accidents as well."

Due to these regulations, bicyclerelated problems and accidents have gone down, according to Jerry Hollenback, safety specialist. Still, there are a few problems. For instance, bicycles are not allowed to be ridden on sidewalks or in crosswalks.

"An example of a violation is riding a bike in a crosswalk (i.e. Crossroads to the MCX)," said Franklin. "They are actually required to walk their bike across the street."

Even if all problems were vanquished, a safety reminder is necessary every once in awhile, according to Hollenback.

"It's still something commands need to re-emphasize on a regular basis," he said.

#### **Sports Briefs**

#### **Soccer Practice**

Iwakuni base soccer team practices every Saturday at 3 p.m. on the Penny Lake Soccer Field. Call Lt. Clyde Pitcan at 253-6597 for more information.

#### **Youth Basketball**

Youth age 5-14 may register for basketball beginning Monday, 10 a.m. at the Youth Center. Call 253-5729 for more information.

#### **Powder Puff Football**

Matthew C. Perry High School seniors will hold a fundraising powder puff football game, 5:30 p.m. at the Northside Field. Female students will play and male students will lead cheers. The game is free, however, donations toward the senior trip will be accepted.

#### **Skeet Turkey Shoot**

Compete to win a turkey Sunday at the Boar's Head Sporting Lodge Turkey Shoot. Register on the day of the event beginning at 11 a.m. Status of Forces Agreement identification card holders and Japanese nationals with a hunting license may enter. There is a fee. Call 253-3822/3038 for details.

#### **Pre-Thanksgiving**

Marine Corps Community Services Health Promotions will hold the fourth annual pre-Thanksgiving dinner workout Thursday, 9-11 a.m. on the Main Gym's sports courts. The workout is open to everyone and is free.

#### **Golf Course Closure**

Torii Pines Golf Course will close Dec. 2 from noon until the completion of the H&HS golf tournament. Call 253-3402 for more information.

#### Here are some tips for safe bicycling:

**Be visible (and audible)** - During the day, wearing shocking colors. At night, use lights and reflectors.

**Drive defensively** - Keep looking ahead far enough that you can take a safe, slow, predictable evasive maneuver to aviod hazards.

Be predictable - Learn to signal your actions.

**Ride where there is less traffic** - The safest are country roads. **Obey traffic laws** - Bikes are required to obey traffic laws, just as cars are.

**Realize cars may not see you** - Be aware of where cars are around you.

#### Maintain your bicycle:

Pump tires Clean your chain Tighten cables

Always wear a helmet.



	Friday	5:00	Headline News	5:30	ESPNews		Citizen Cohn (TV-PG)
9:00	Sesame Street	5:30	Hours of Power	6:00	TodayShow	2:50	Movies'til Dawn
10:00	BluesClues	6:00	RealVideos	8:00	Headline News		Gardens of Stone (TV-PG)
10:30	Kiana's Flex Appeal	6:30	Outreach of Love	8:30	Showbiz Today	5:00	Headline News
11:00	The Oprah Winfrey Show	7:00	Icons: Windows Onto Heaven	9:00	Sesame Street	5:30	ESPNews
12:00	NBC Nightly News	7:30	DayofDiscovery	10:00	Teletubbies (TV-Y)	6:00	Today Show
12:30	Wheel of Fortune (TV-G)	8:00	World of Peter Rabbit (TVY)	10:30	Co-EdTraining	8:00	Headline News
1:00	PortCharles (TV-14)	8:30	ReadingRainbow	11:00	The Oprah Winfrey Show (TV-14)	8:30	Showbiz Today
1:25	GuidingLight(TV-14)	9:00	FamilyMovie	12:00	NBC Nightly News	9:00	Sesame Street
2:15	General Hospital (TV-14)		Ghost Dad (TV-PG)	12:30	Wheel of Fortune (TV-G)	10:00	Teletubbies (TV-Y)
3:05	Sylvester and Tweety Mysteries	11:00	WildAmerica Specials	1:00	PortCharles (TV-14)	10:30	Co-EdTraining
3:30	Jack Hanna's Animal Adventures	12:00	Headline News	1:25	GuidingLight(TV-14)	11:00	The Oprah Winfrey Show (TV-14)
4:00	Xena: Warrior Princess	12:30	Air Force TV News	2:15	General Hospital (TV-14)	12:00	NBC Nightly News
5:00	Jeopardy! (TV-G)	1:00	NCAA Football (FSN)	3:05	Space Goofs (TV-G)	12:30	Wheel of Fortune (TV-G)
5:30	Headline News	4:00	Xena: Warrior Princess (TV-PG)	3:30	Popular Mechanics for Kids	1:00	PortCharles (TV-14)
6:00	Pacific Report	5:00	Computer Chronicles	4:00	Nick News	1:25	GuidingLight(TV-14)
6:33	CNN/SI	5:30	Wall Street Journal Report	4:30	Scholastic Sports America (TV-G)	2:15	General Hospital (TV-14)
7:00	King of the Hill (TV-PG)	6:00	Headline News	5:00	Jeopardy! (TV-G)	3:05	Animaniacs
7:30	The Hughleys (TV-PG)	6:30	ESPNews	5:30	Headline News	3:30	Pokemon(TV-G)
8:00	Star Trek: Deep Space Nine	7:00	America's Funniest Home	6:00	Pacific Report	4:00	Hercules: The Legendary
	(TV-PG)		Videos(TV-G)	6:33	CNN/SI		Journeys (TV-PG)
9:00	X-Files (TV-14)	8:00	Primetime Movie	7:00	Seventh Heaven (TV-G)	5:00	Jeopardy!
10:00	Pacific Report		Twister (TV-PG)	8:00	NFL Monday Night Football	5:30	Headline News
10:35	Tonight Showw/Leno	10:00	Headline News	11:30	Pacific Report	6:00	Headline News
11:35	Late Showw/Letterman	10:30	Pensacola: Wings of Gold (TV-PG)		***	6:33	CNN/SI
	Catanadan.	11:30	Walker, Texas Ranger (TV-PG)		Wednesday	7:00	Dharma and Greg (TV-14)
	Saturday		W	12:05	Tonight Showw/Leno	7:30	Jesse (TV-PG)
0:35	ESPNews	10.00	Monday	1:05	Late Showw/Letterman	8:00	Just Shoot Me (TV-14)
1:05	Movies'til Dawn	12:30	WWF Superstars	2:05	Unsolved Mysteries	8:35	Will and Grace (TV-14)
	All Quiet on the Western Front	1:30	America's Black Forum	3:00	Movies'til Dawn	9:00	NYPD Blue (TV-14)
3:20	(TV-PG) Movies 'til Dawn	2:00 3:00	FOX NFL Sunday NFL (FOX)	5:00	Serving in Silence Headline News	10:00 10:35	Headline News Tonight Show w/Leno
3:20	The Last Outlaw (TV-PG)	6:00	NFL(FOX)	5:30	ESPNews	11:35	Late Show w/Letterman
5:00	Today Show	9:00	Sesame Street	6:00	TodayShow	11:55	Late Show w/Letterman
7:00	Mr. Rogers' Neighborhood	10:00	Zoboomafoo (TV-Y)	8:00	Headline News		Friday
7:30	Arthur (TV-Y)	10:30	Kiana's Flex Appeal	8:30	Showbiz Today	12:35	ESPNews
8:00	Disney's Mickey Mouseworks	11:00	The Oprah Winfrey Show (TV-14)	9:00	Sesame Street	1:05	Rescue 911
0.00	(TV-G)	12:00	Headline News	10:00	BluesClues	2:00	Headline News
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#### Sakura Theater

#### The Sixth Sense (PG-13)

Rated PG-13 for intense thematic material and violent images Nov. 19, 7 p.m.; Nov. 20, 7 p.m.; Nov. 22, 7 p.m.; Nov. 24, 7 p.m.

When a tragic event touches his life, shaken child psychiatrist Bruce Willis seeks redemption by treating the laconic and troubled Haley Joel Osment. The boy has been terrorized by supernatural apparitions but is

too frightened to share his secrets. The renowned therapist becomes the boy's confidant and uncovers the source of his paranormal torments. Toni Collette co-stars.



#### Blue Streak (PG-13)

Rated PG-13 for action violence, continuous language and some crude humor

Nov. 19, 10 p.m.; Nov. 20, 10 p.m.; Nov. 23, 7 p.m.

Martin Lawrence stars as a thief whose bad luck

finds him hiding a \$20 million jewel at a construction site that's destined to be a police station. His best solution is to impersonate a police officer in order to get close to the loot. Partnered with rookie cop Luke Wilson, he instead becomes the toast of the department.

#### Teaching Mrs. Tingle (PG-13)

Rated PG-13 for thematic content, violence, sexuality, language and some teenage drinking Nov. 20, 3 p.m.

Teen conscience Kevin Williamson picks up the director's slate in this Gen-Next comedy. Scholarship bound Katie Holmes is set for Harvard — that is, if she aces the history final. Some extraordinary "convincing" is in store for sadistic educator Halen Mirren.

#### Western Japan Body Building Championship

Nov. 21

#### Iwakuni's Theaters

#### Kokusai:

Nov. 19 - Dec. 17 "The Sixth Sense" - 10:35 a.m., 12:30 p.m., 2:30 p.m., 6:30 p.m., (Sat. only) 8:30 p.m., 10:30 p.m.

New Central I: Nov. 19 - end of November No English Movies New Central II:

Nov. 19-26
"The Thomas Crown Affair" 10:25 a.m., 2:35 p.m., 10:25 a.m., 2:35 p.m., 6:50 p.m. "Runaway Bride" - 12:30 p.m., 4:45 p.m., (Sat. only) 9:10 p.m., New Central III: Nov. 19 - end of November No English Movies

#### Local



#### Alcoholics Anonymous

Alcoholics Anonymous open meetings are held Tuesdays and Thursdays, 7 p.m. and Wednesdays, 11:30 a.m. Closed meetings are held each Sunday, 7 p.m. A "for women only" open meeting is held the last Saturday of each month at 10 a.m. All meetings are held in Bldg. 497, second floor. For more information call 43-4814.

#### Medical Clinic Health Promotions Tobacco Cessation Courses

Tobacco Cessation classes will be held today, Wednesday, Nov. 19, Dec. 8, 10, 15 and 17. Courses are held in the clinic conference room, 10-11 a.m. Participants must attend all four sessions. For more information call 253-3266.

#### **Controlling Cholesterol Course**

A "Controlling Cholesterol Course" will be offered Nov. 18 and Dec. 16, 10-11 a.m. in the Branch Medical Clinic conference room. This class will help participants understand what cholesterol is, how to reduce it and the importance of good nutrition and regular exercise. For more information call 253-3266.

#### Flu Vaccination Campaign

The Flu Vaccination Campaign will start for family members and civilians Monday. Vaccines are free of charge and available Monday-Wednesday, 7:30-11 a.m. and 1-3:30 p.m. and Thursday, 7:30-11 a.m. For more information call 253-6326/3419.

#### Childbirth Education Program

#### **Five-week Series**

A five-seek series class is offered to first time expectant parents during the third trimester who are interested in learning the basics about child birth. Many topics are discussed such breathing techniques, breast-feeding and infant care. The class meets once a week for five weeks from 6:30-8:30 p.m. For details call Cmdr. Lisa Craft at 253-2714.

#### **Refresher Class**

The Refresher Class is offered to mothers who want to "freshen up" on the skills covered in the five-week series. This class, offered once a month, covers such issues as delivery at a Japanese facility, labor and delivery and breathing techniques. For details call 253-2714.

#### CPR/First Aid Training

American Red Cross is offering Community First Aid and Safety Training. This class will be held today, 6-10 p.m. and Saturday, 9 a.m.-3 p.m. Participants will receive certification in Adult and Infant/Child CPR, as well as First Aid. There is a fee. Registration is required. For more information call 253-4525.

#### **Open House**

Stop by the new office for the Troy State University during the open house Saturday in Bldg. 411, Rm. 109. For more information call 253-6051.

#### Treasure Trunk

The Treasure Trunk will now be open every Wednesday, 10 a.m.-6 p.m. Gift certificates are available. Special holiday shopping hours during the week of Thanksgiving will be Monday, Tuesday and Nov. 26 10:30 a.m.-3 p.m.; Wednesday, 10 a.m.-6 p.m. Special discounts each day on furniture, ceramics and Christmas items. Door prizes will be given away each day. They are open to all SOFA-status residents and are located on the second floor of Crossroads Mall. Proceeds benefit the Marine Lounge. Earn Treasure Bucks or a 10 percent instore discount by volunteering. Call Sarah Thornley at 253-2296 for more information.

#### L.I.N.K.S.

Lifestyle Insights Networking Knowledge Skills gives an opportunity to gain practical knowledge that will help spouses and civilian employees access and use their military benefits and community resources wherever they go in the Marine Corps. Next L.I.N.K.S. sessions will be held Nov. 29 through Dec. 1. Childcare will be provided with registration. For more information call Betsy at 253-2562/7251.

#### **Culture Fashion Show**

Northern Star Chapter 51 will host a Culture Fashion Show Dec. 4 from 6 p.m. at Club Iwakuni. Hors d'oeuvre will be served after the show. There is a \$8 fee. For more information call 253-2127/2647.

#### Marine Corps Community Services Thanksgiving Events

☑ The Marine Lounge, second floor of Crossroads Mall, will hold a free Thanksgiving Day buffet on Thursday, noon until 10 p.m. Roast turkey, ham, and side dishes will be available. The buffet is open to single and unaccompanied MCCS patrons and their guests.

 $\ \ \, \square$  The Hornet's Nest invites single and unaccompanied service members to enjoy free finger food on Thanksgiving Day, beginning at 1 p.m.

☑ Club Iwakuni will hold an all ranks Thanksgiving buffet in the ballroom on Thursday from 3-7 p.m. Adults pay \$8.95; children age 3-10 pay \$5.

#### **Community Services Ribbon Cutting**

The air station community is invited to a ribbon cutting ceremony at Community Services Building 411, today at 10 a.m. Refreshments will be served after the ceremony, and the public may tour the new building which is located behind the Main Post Office.

#### **Toys for Tots**

The Single Marine Program is coordinating the 1999 "Toys for Tots" toy drive. New, unwrapped toys will be accepted in drop boxes, which are located at the Marine

Lounge and Hornet's Nest. Special drop-off boxes will be placed at the Main Exchange 10 a.m.-2 p.m. on weekends. The program cannot accept cash donations. For more information call SSgt. Hora at 253-4165 or the Hornet's Nest at 253-3585.

#### **Information Fair**

Community Services will hold its annual Information Fair in conjunction with an open house for the new Community Services Building, tomorrow, 11 a.m.-2 p.m. Door prizes will be awarded. Call Jody Beckstrom at 253-6161 for more information.

#### **Native American Heritage Month**

In honor of Native American Heritage Month, there will be a bonfire at Penny Lake Saturday at 5:30 p.m. Call 253-4636 for more information.

#### **Stress Management**

The Community Programs office will hold a stress management seminar Tuesday, 11:45 a.m.-12:45 p.m. This lunch time seminar is open to everyone. Bring your lunch if you like.

#### **Parent Training**

The New Parent Support Program's Daddy's Baby Boot Camp and Mom's Basic Training fourth session will be held Wednesday, Nov. 26, 11:30 a.m.-1 p.m. This class is free and open to everyone. For location and to register call Dina Obey at 253-6553.

#### Military Pre-retirement Seminar

A military pre-retirement seminar is scheduled Nov. 29 through Dec. 3, Monday-Friday, 8:30 a.m.-4 p.m. in Bldg. 411, Rm. 217. The Career Resource Management Center invites all military personnel and their spouses anticipating retirement within the next two years to attend. Topics presented are challenges of the future, Department of VA benefits, survivor benefit plan, medical benefits (Tricare), employment planning and job search, resume and cover letter preparation, interview skills development, personal finance planning, and legal and estate planning. Call the Career Resource Management Center for more information at 253-6439. Registration closes Wednesday.

#### **Resume Tune-up Service**

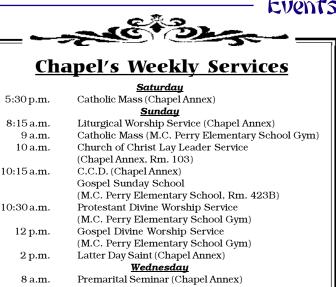
Enhance your opportunity to be hired by clearly and concisely depicting your skills, experience, and qualifications. The Career Resource Management Center will look over your resume, offer suggestions and return it to you for free. Call 253-6439, fax 253-6363 or drop by Bldg. 210, Rm. 203

#### **Ultimate Job Search**

Ultimate job search, up-to-date four-video package, includes "Starting the Job Search," "Effective Job Search Techniques," Writing Resumes and Cover Letters," and "Interviewing with Confidence." For more information, call the Career Resource Management Office at 253-6439.

#### **CRMC Internet Job Search**

The Internet is a resource for gathering information on current job openings, housing costs, college enrollment, tuition opportunities and application forms. For more information call 253-6439 or stop by Bldg. 210, Rm. 203.



082-231-4008 after 6 p.m. or call the Station Chapel.

Call 253-5218 for more information.

For information on Jewish Services call Mark Zeid at

Education

#### **Spouse Tuition Aid Program**

The Navy-Marine Corps Relief Society is offering tuition assistance for Term III at Troy State University, University of Maryland and Central Texas College to spouses of Navy and Marine Corps personnel. Applications are being accepted from Monday to Dec. 10. Paperwork and interview must be completed by Dec. 10. Stop by the Education Office or the Navy Relief Office to pick up a packet. For more information call 253-5311.

#### Test Schedule

Every Tuesday/Friday

- College Level Examination Program

- DANTES Subject Standardized Test

Nov. 24 - Defense Language Aptitude Battery

- Defense Language Proficiency Test

Nov. 29 - Electronics Data Processing Test

- Armed Forces Classification Test

All tests will be held at 8 a.m. at the Education Services Office locating at Bldg. 210, Rm. 109. Schedule is subject to change due to relocation of the Education Services Office in November. Call 253-3855 for confirmation of testing dates or more information.

#### University of Maryland **Scholarships**

information call 253-3494.

University of Maryland is offering 25 scholarships to Asian division students. Awards consist of tuition credits worth \$746.40. Applicants must submit a two to three page essay on a selected topic. Applications must be post marked no later than Dec. 7. For more



#### HAPPY THANKSGIVING

#### **Total Quality Training Opportunities**

The following Total Quality training will be offered:

Nov. 19 - Team Skills and Concepts Nov. 22-24 - Reengineering in English

Nov. 29-Dec. 3

- Methods for Managing Quarity

**Dec. 6-10** - Fundamental/Team Skills in Japanese

**Dec. 13-17** - Systems Approach to Process Improvement

Dec. 20 - Strategic Planning

All air station residents to include familymembers, JMSDF, MLC and IHA

